As I Recall It!

Jed Delmore, MD
But first, the back story.

- Obstetrics & Gynecology Residency at Wesley Medical Center
  - Started in 1972 with two residents
  - Chairman- Daniel K. Roberts, PhD, MD
  - Three-year residency program, approved for three residents per level.
  - 14 Teaching Panel members
  - In 1972 there were 2,912 deliveries with 169 Cesarean sections (6%)
  - There were 4,562 gynecologic procedures with 1,538 of those major procedures and 3,024 minor procedures.
  - Smoking, forceps deliveries and wide ties were BIG.
Daniel K. Roberts, PhD, MD

- Founding Chairman of the Wesley Ob-Gyn Residency and first Chairman of the Department of Obstetrics and Gynecology, UKSM, W.
- M.D., M.Sc., Ph.D. in Anatomy at the University of Nebraska
- Air Force Captain, Chief of Anatomic Pathology, U.S. Air Force School of Aerospace Medicine, Brooks Air Force Base
- Residencies in Pathology and Ob-Gyn at University of Texas Medical Branch, Galveston.
- Board Certified in Pathology and Ob-Gyn
- Stopped in Wichita as a favor on his way back to Nebraska
Candle Club
Wesley Medical Center
OB-GYN Program

One of only two Ob-Gyn residencies in Kansas was established at Wesley Medical Center in July, 1972. This is a three-year program in which the resident sees clinical medicine practiced on an every day basis. He works directly and constantly with a volume of patients seen in clinics, in surgery and as a shared part of the private physician’s practice.

The OB-Gyn program, directed by Dr. Daniel K. Roberts is approved for nine residents, three at each year level. Coming from a background of academic and private medicine, he has attempted to combine the assets of both into a realistic and practical OB-Gyn residency program.

In addition to experience in general aspects of OB-Gyn training and practice, the resident receives special training in Gynecologic Pathology, Obstetric Anesthesia, Gynecologic Oncology, and Gynecologic Endocrinology.

Residents are considered as colleagues in team approach situations. There is more than adequate staff contact and availability with a 14 member teaching staff of Ob-Gyn specialists trained all over the country. The varied exposure to several people trained in different ex-
cellent programs is considered a valuable asset of this busy educational program.

The obstetric service at Wesley Medical Center ranks 12th to 16th in the total number of deliveries in the nation each year. In 1972, total deliveries were 2912 with 169 Cesarean Sections and 26 twin births.

The obstetric service recently tripled its physical capacity with a move from overcrowded and inadequate facilities to a new wing in the medical pavilion. With an emphasis on space and efficiency, the new facilities include six early labor beds, four private labor rooms, two double labor rooms and an eight bed post-partum recovery room. The nurseries include one receiving, two intermediate, two well-baby and one new-born intensive care nursery. There are four new delivery rooms with a centralized work area. All areas are equipped with the most modern of equipment packages. There are six on-call rooms and a lounge for the doctors. There is a 48-bed post-partum patient wing with a solarium classroom-conference room and nursing area for charting.

A Perinatal Care Center is currently being developed as a regional referral center for the high risk pregnancy and neonate. This center will serve one half of Kansas with emergency air transportation as well as a critical care mobile unit at the hospital.

The Gynecologic Service is equally as active. In 1972 there were 4562 gynecologic operative procedures with 1538 majors and 3024 minores.

The program has a very active clinic service, seeing as many as 1000 out-patients per month. The clinic utilizes a team system with each team headed by a Chief Resident and Senior Staff supervisor. Junior residents, interns and medical students are assigned to a specific team and in this way deal vertically with a specific patient population. Nurse Clinicians run triage clinics and add to the efficiency and thereby quality care and educational experience of the house staff.

The residents are in charge of Booth Memorial Hospital where the ante-partum and post-partum care of this young unwed mother population is handled in an out-patient clinic at that hospital. Residents also assist with two free clinics operated by the Wichita-Sedgwick County Health Department and the Planned Parenthood organization four times a month with more than adequate exposure to family planning problems and procedures.

Residents are also on call for gynecologic emergencies, actively participate in the care of private patients, and perform deliveries and surgical procedures commensurate with their level of training.

In addition to this constant exposure and experiences, the house staff attend four weekly conferences by staff and visiting lecturers. (Random samplings follow.)

For those interested in basic and clinical research, on-going programs are available in Gynecologic Pathology, Ultrastructure, Infertility and Oncology.

Working as a consultant and as a colleague, the resident learns what it is like to be a practicing obstetrician-gynecologist. He does not feel cotedified. He does feel listened to. He is involved in the academic, theoretic, as well as practical aspects of obstetrics and gynecology.
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Department of Obstetrics & Gynecology
Chairmen

DKR

DVH

DAG
Department of Obstetrics & Gynecology
Firsts

• Chairman: Daniel K. Roberts, M.D, Ph.D
• Female Resident: Dorothy Dillard, MD
• First female graduate: Debra Placek, MD
• First MFM: John Evans, MD
• First REI: Robert Kelly, MD
• First Gyn Onc: Douglas Horbelt, MD
• First FPM: Kevin Miller, MD
Department of Obstetrics & Gynecology
1979

• J. Menaker, K. Powers, M. Bates
• J. Merritt
• B. Meeker, C. Christman, B. Webster
• L. Woodard, L. Leuken, V. Dyer
• W. Swisher
• R. Lindhart, R. Kelly
• J. Hume
• G. Logan, E. Feuille
• G. Evans
Department of Obstetrics & Gynecology
Clinic Teams
1980

• Blue Team
• Red Team
• Yellow Team
  • Dillard, Dunlap, Delmore, Douthit
How did I land here??

• 1975  Arthur Dehart is in the class ahead of me at Baylor College of Medicine, in Houston.

• Summer 1978 I met Gerry Keasling, MD in Houston during his away elective who suggested I should visit Wichita.

• Fall, 1978 Externship at Wesley

• November, 1978 Dan Logan, MD decided he wanted to be an ER Physician rather than Ob-Gyn.
Wichita, Kansas
January 1979

• Drove from Houston in a 1978 Honda Civic ($2,900 new)
• Snow
• Ice
• Moved into Gene Huebner’s house for three months
• No liquor by the drink and 3.2% beer
• What the hell have I done??
My Remaining Attendings

- Dr. Christman
- Dr. Feuille
My Classmates

• Dr. Debra Placek
• Dr. Robert Young
• Dr. Lonnie Dwain Doyle

Dr. Placek and I were the only single residents in the program. Partying was minimal!!!
My Second Level Residents
Department of Obstetrics & Gynecology 1979

- All patients admitted the day prior to any surgery
- Patients for D&C, admitted day prior and stayed one day after the procedure.
- All residents had to wear underwear
- Mustaches are OK, but no G-- D--- beards!
- Breaking your arm falling off a bar stool was OK, not so much if skiing.
- All Third Year Residents had a three month away elective for sub-specialties.
- Upper Level Residents flew on LifeWatch transports for high-risk moms.
- First year Ob-Gyn residents placed epidurals.
- Valium and phenobarbital syringes were taped to the foot of the bed for pre-eclamptic patients.
- Dr. Menaker took Ob call for Christmas every year
- Fetal viability was about 1,000 Gm.
- NICU Rotation was required including being on call.
500 Party

• Dr. Roberts offered to throw a party if we ever delivered 500 babies in one month
• 1980 was the first 500 Party at what was then the Hilton on Kellogg and Rock Road
• Live band, open bars and all the Ob and Neonatal staff, nurses, residents, students as well and postpartum and Gyn nurses.
• He gave up after the second party.
Christmas Caroling

• Started December 1981
• Begins at Dr. Roberts house with Maggie providing chili and playing piano
• The Dr. Kendrick’s house, Dr. McCoy’s house ending at Dr. Woodard’s house
• Food at drink at each house with progressively less caroling
• No Party Bus (yikes!!)
O.G.R.I.N.O.A.D.
O.G.R.I.N.O.A.D.

Ob Gyn Residents In Need of a Drunk
Scene of the crime
OGROAD
Attendees

• Residents
• Attendings
• Nursing Staff: L&D, Post-partum, Gyn, OR
• Word of mouth as Texting had not been invented
• Strangers from the Embers Lounge
• On one occasion the police
• Two marriages and three long-term relationships
• Multiple articles of clothing
• Two automobiles
• One of my favorite Bose stereo speakers
• Susan Tewel, MD threatened some guy from the Embers and bruised his ego.
T.O.G.A.
T.O.G.A.
Texas OB-GYN Alumni

An Association Dedicated To The Promotion Of Texas Tradition,
Folklore and Myth,
Practitioners of Obstetrics and Gynecology with Past and Present Ties To
The State of Texas and Its Universities.

Confers Upon

The Title of Active Member

__________________________
Chief
Good ol' Boy

__________________________
Assistant
Good ol' Boy

Date
T.O.G.A. Members

- Dan “Bob” Roberts, MD
- Maggie “Bob” Roberts
- Eddie “Bob” Feuille, MD
- Bobby “Bob” Webster, MD
- Carl “Bob” Christman, MD
- Debbie “Bob” Placek, MD
- Arthur “Bob” DeHart, MD
Jo Ella Hartman, CST
Final Thoughts

• Those that influenced my career
• Friends, past and present
Peace